

Understanding New Age Spirituality

QUICK FACTS ABOUT NEW AGE SPIRITUALITY

The New Age phenomenon is difficult to get a handle on and difficult to define. It is an extremely large, complex network of loosely connected organizations and individuals that share a common _____.

The New Age is a hybrid spirituality, drawing from many different religious sources including _____, Buddhism, spiritism, Neo-paganism and various forms of Eastern Mysticism.

New Agers are _____ in their vision of seeing a coming “new age” of peace and enlightenment where all will come together as one.

NEW AGE BELIEFS vs THE BIBLE

New Agers believe that “_____” (monism) and “God is all” and “all is God” (pantheism). God may be thought of as an infinite, all-pervasive, impersonal Force, or Consciousness, or Energy not unlike “The Force” in Star Wars.

The Bible teaches that there is one all-powerful, _____ (Deut. 4:35; Isa. 40:28; Rom. 1:20) who is separate and independent from His creation (Rom. 1:25; Acts 17:24-25). However, He concerns Himself with the affairs His creation (Psalm 145:9, 14-20; Isa. 57:15-16; Acts 14:15-17), and He can be known personally by men (John 17:3; Jer. 9:23-24).

New Agers believe that Jesus is an _____ master and is on par with other holy men such as Buddha, Krishna, and Zoroaster. Through New Age practices, he realized the divine potential we all have.

The Bible teaches that Jesus is the one and only Christ who is the eternal Son of God (Matt. 26:63-64; John 8:58; 20:30), and who is in His very nature equal to God (John 10:30, 14:9; Php 2:6; Col. 2:9; Heb. 1:8; 1 John 5:20). He has the name that is above every name, and every knee will bow and every tongue will confess the Jesus Christ is Lord. (Php. 2:9-11; Eph. 1:21).

New Agers believe mankind is God or part of God, and therefore humans have _____ potential, but most just have yet to realize it.

The Bible teaches that human beings are _____ (Gen. 3:19; Psalm 100:3; 103:14-15; James 4:14) created in the image of God (Gen. 1:26-27), but completely distinct from Him and completely dependent on Him for all things (John 15:5; Acts 17:24-28). Humans are no where close to being and have no potential to become God or His equal (Num. 23:19; Isa. 29:16; 43:10; 55:8-9; Romans 9:20-21).

New Agers believe humans do not have a sin problem and therefore do not need to be _____ from their sins. All people need is to become enlightened regarding their divinity. Through reincarnation, a person can eventually reach this state of enlightenment.

The Bible teaches that humans do have a sin problem (Psalm 51:5; Eph. 2:1-10; Isa. 53:6; Rom 3:10-12, 23; 1 John 1:8) and are in desperate need of a Savior (John 3:17; 1 John 4:10, 14; Rom. 5:6). There is no such thing as reincarnation, but a _____ of both the righteous and the wicked (John 5:29; Acts 24:15). Men are appointed to die once, and after this comes judgment (Heb. 9:27; Rev. 20:13). Salvation is a free gift of God’s grace through faith alone in Christ alone (John 14:6; Acts 4:12) and apart from any works of our own (Eph. 2:8-9; Titus 3:5; Romans 3:20-28, 4:5; 11:6; John 3:16; 6:29; 2 Tim. 1:9).

HOW TO GUARD AGAINST NEW AGE DECEPTION

Become aware of the _____, the _____ and the links that are connected to New Age ideology and spirituality.

Do not let _____ be the determinant of truth. Test everything according to God’s Word.

Avoid all forms of _____ and questionable practices. Stick to biblical forms of spirituality.

NEW AGE PRACTICES & INTERESTS (in no particular order)

Yoga	Crystals	Ancient/Lost Civilizations	Palmistry
Relaxation techniques	Extraterrestrials/Alien	Pyramids	Sorcery/Magic
Human Potential/Self Help	Abductions	Numerology	Telepathy
Transcendental Meditation	Reincarnation	Reiki (Therapeutic Touch)	Tarot
Oriental religions	Environmentalism	Astral Projection (Out-of-Body Experiences)	Feng Shui
Altered States of Consciousness	Earth Worship	Automatic Writing	Visualization
Acupuncture/Acupressure	Psychic Experience	Clairvoyance	Holistic Health and Healing
Eastern Mysticism	Astrology/Zodiac	Dreams	
Channeling/Spirit Guides	Extra Sensory Perception	Psychokinesis	
	Angels		

NEW AGE TERMS, PHRASES, ASSOCIATIONS & BUZZWORDS (in no particular order)

Alternative Medicine	Karma	Ascended Masters	Kundalini
Enlightenment	Harmonic Convergence	Human Potential	Past life regression
Self-Actualization	Vibration	Spiritual Healing	Indigo Children
Divine Spark	Resonance	Higher Levels of Consciousness	Unification
Global Peace	Frequency	Cosmic Consciousness	Spiritual Evolution
One World	New Thought	Christ Consciousness	Indian Spirituality
Inner Space	New Order	Unity Consciousness	Light Workers/Masters
Ecological Balance	Gaia Theory	Auras/Forces/Energy	I-Ching
Mind-Body-Spirit	Mother Earth	Psi Energy	Yin and Yang
Self Spirituality	Theosophy	Light Force Energy	Global Awakening
Self Realization	Noetic Science	Chakra	Awareness
Age of Aquarius	Psychic Energy	Shakti	Alpha State
All is One	Synchronicity		Silva Method

POPULAR NEW AGE AUTHORS & PROMOTERS

Alice Bailey	Mark Satin	Marianne Williamson	Andrew Cohen
Eckhart Tolle	Marilyn Ferguson	Fritjof Capra	Anthony Robbins
Deepak Chopra	José Argüelles	Oprah Winfrey	Norman Vincent Peale
Coleman Barks	David Spangler	Gary Zukav	Brian Tracy
Elizabeth Lesser	Benjamin Creme	Barbara Marx Hubbard	Ken Blanchard
Shirley McClaire	Ken Wilber	Matthew Fox	

POPULAR NEW AGE BOOKS

A Course in Miracles, Helen Schucman	A Brief History of Everything, Ken Wilber
The Turning Point, Fritjof Capra	The Seat of the Soul, Gary Zukav
The Aquarian Conspiracy, Marilyn Ferguson	A Return to Love, Marianne Williamson
Out on a Limb, Shirley McClaire	The Revelation, Barbara Marx Hubbard
A New Earth, Eckhart Tolle	Ageless Body, Timeless Mind, Deepak Chopra
The Celestine Prophecy, James Redfield	The Secret, Rhonda Byrne
Conversations with God, Neale Donald Walsch	

NEW AGE PRACTICES & IDEAS INFILTRATING CHRISTIANITY

Yoga	Mantra Meditation	The Thin Place
Contemplative Prayer	Lectio Divina	Sacred Space
Breath Prayers	Labyrinths	Taize
Centering Prayer	The Silence	Emerging/Emergent Theology

For Further Study, check out:

Unmasking the New Age, Douglas R. Groothuis	Infiltration of the New Age, Norman Geisler
Confronting the New Age, Douglas R. Groothuis	The Counterfeit Christ of the New Age Movement, Ron Rhodes
A Crash Course on the New Age Movement, Elliot Miller	A Time of Departing, Ray Yungen
Encyclopedia of New Age Beliefs, John Ankerberg	Faith Undone, Roger Oakland
The Light that was Dark, Warren Smith	

www.carm.org
www.apologeticsindex.org
www.ankerberg.com

www.erwm.com
www.ronrhodes.org
www.watchman.org

reinventingjesuschrist.com
www.crossroad.to
www.lighthousestrailsresearch.com